During the weekend of November 10-12, 2017 the AAS held the Charles Mraz Apitherapy Course and Conference returning to the beautiful Redondo Beach, CA location where the conference was held in 2016. Redondo Beach, CA is located just 15 minutes south of Los Angeles International Airport where more than 50 participants gathered from all over the world to learn and share the fascinating medicine of the bee hive. Redondo Beach again proved to be an amazing venue offering perfect weather, scenery, and other activities within walking distance of the conference such as bicycling, kayaking, sailing, or just enjoying the miles of white sandy beaches, the boardwalk, restaurants, shops, and the unrivaled sunsets on the Pacific ocean. Many of the participants also discovered nearby fabulous spa services to include massages and body scrubs experiencing a very unique and affordable local amenity iconic to the area.

We were very pleased that almost half of the participants who attended this year had attended last year, establishing a sense of camaraderie like never before. This conference felt more like a reunion with an incredibly friendly merge of returning participants coming together with those who were attending for the first time. It was nothing short of magical!

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Hello AAS Members,

Happy new year to all of you, I hope you all had a glorious, healthy holiday season. It was a very busy fall season for the AAS as we prepared to present CMACC 2017 in early November and we are very excited in entering the new year with four new board members that came to us from our most recent CMACC events. The AAS continues to change and evolve, and as always we welcome your ideas and suggestions on how we can better do that. I also want to remind you that if any of you have apitherapy testimonials or great articles that you come across that you would like to see published in either the journal or the newsletter please send those to us at aasoffice@apitherapy.org.

I want to share with you my own experience with apitherapy in recent months. One of my cats had an abscess about the size of a quarter that was infected from him continually licking it and not allowing it to heal. I took him to the vet and he came home with antibiotics and a cone around his head to keep him from licking the wound and I have never seen an animal look so miserable and sad. I called Frederique Keller, L.Ac. and she reminded me that I should be packing the wound with propolis and that in doing so the propolis would seal and heal the wound. She told me to take the cone off of the cat and that he would have no desire to lick it as the propolis would not taste good to him. I had an alcohol free tincture of propolis in my cabinet and immediately started to apply propolis to his wound 2-3 times per day. After the very first application the wound had sealed forming a scab and the cat had no desire to lick it. Within a week his wound had healed and shrunk to perhaps the size of a pea and I could see the healthy pink tissue closing the wound little by little. After another week the wound was completely healed and his fur had started to grow back over where the wound was. Propolis is perhaps my favorite gift from the bees, I will not hesitate to use it for this application in the future.

Bee Happy,
Marilyn Graham
From the President
Contact: Frederiquekeller25@gmail.com

Dear AAS Members,

As a current, past, or future supporter of AAS, you are well aware of this phrase: Honeybees - Our allies in healing!

Widely recognized in many cultures around the world, the hive products and the treatments that they are used for significantly reduce suffering and improve ones health and well-being. They are often far less costly than conventional medicine, and they usually have fewer side affects. The American Apitherapy Society plays a vital role in increasing the public's access to this information, and you, as members and participants, support us through your memberships, renewals, and simply by participating. Your support enables us to continue our work and maximize our ability to engage others in the practice of Apitherapy.

In our annual appeal, we are asking for you to help us:

• Continue sending our Newsletter monthly to members, past members and over 2,500 participants who subscribe to it over the web.
• Provide scholarships to students to attend our future Course and Conference.
• Bring outside speakers to our Course and Conference.
• Organize and sponsor Apitherapy workshops throughout the year in different parts of the country.
• Make necessary updates to our website and create more venues for distributing information via our website.

As a nonprofit organization, the AAS relies on the generosity of its supporters. Your tax-deductible contribution may be given through our website under DONATE on the right side of the home page, via this link, or by check sent to the address below. Either way, you'll enable us to spread the word about honeybees and their integral role in our food and our medicine. Donations of any amount are greatly appreciated and make a huge difference.

With warm greetings for the new year,

Frederique Keller, L.Ac.
President of The American Apitherapy Society, Inc.

The American Apitherapy Society, Inc. C/O Frederique Keller
15 Heights Road, Northport, NY  11768
email: aasoffice@apitherapy.org website: www.apitherapy.org
Early in the year we had intended to find a suitable venue for the conference on the East coast as we have historically done moving the conference around from year to year in an effort to reach out to more people, and also to reach out to those unable to travel long distances. As it turned out we were unable to secure a venue on the East coast that could provide us with what we needed within the spectrum of our somewhat frugal budget. With time quickly running out, we decided to re visit the Redondo Beach Hotel location where the Sales Manager Chris Matsumoto offered the AAS yet another year of an amazing package that we could work with. A very special thank you goes out to Chris and to his staff for making this conference not only a huge success but affordable to us as an organization.

For the very first time we decided to change the format of the conference primarily based on feedback from the previous years and numerous requests to offer more practical sessions. In recent years we offered a conference add on practical session in the afternoon of the last day and it quickly became so popular that most of the attendees were participating in it. This year we incorporated the practical session for everyone and expanded it to include 2 full days of practical experience available to all participants. This new format was very well received and will perhaps be the new format for our future events. We have discussed having the conference in the same location every year, or perhaps in 2 locations alternating year to year as to minimize the time and effort that is involved in the planning of this event. Despite our apprehension of doing this, it turns out that having the conference in the same location as last year was immensely successful!

Because many of the participants had attended last year, those who already knew each other were mingling like old friends while those who had not attended last year were easily drawn into the positive energy flow and excitement that we all quickly shared. Newcomers were made to feel welcome and a special sense of sharing common ground was apparent and present for the duration of the weekend.

We had a total of 52 participants representing 19 different states and we also had a participant coming from Canada and one from the Philippines. Many of the participants were already members of AAS with the others becoming members inclusive of their conference participation. In addition to the participants themselves we had 9 faculty members representing the AAS and 5 guest speakers of whom 3 attended last years conference coming together to teach and share their knowledge of Apitherapy. Representing the AAS were Frederique Keller, L.Ac., Chris Kleronomos, L.Ac., DAOM, Vetaley Stashenko, PhD, ND, Patrick Fratellone, MD, Kristine Jacobson, Hossein Yeganehrad, Michael Szakacs, Kathy Genova, RN, and Marilyn Graham. Those who presented did an amazing job of delivering their wealth of knowledge and experience and we thank them for donating their time and efforts year after year. Their commitment to the AAS and to the world of apitherapy is priceless and vital to its future success. Guest speakers included Amelia Moody, LMT, Tamara Potselueva, ND, Joyce Roetter, Russell Canfield, MD, and Ronald Sherman, MD, all of whom brought new ideas and methods offering creativity and a new spectrum of knowledge to all of us. A big thank you goes out to them, the AAS is very fortunate to have these incredible teachers of apitherapy at their conference.

There was a lot of excitement and energy buzzing in the lobby of the Redondo Beach Hotel early Friday morning where participants were gathering to have breakfast while registration was taking place.
The conference started promptly on Friday morning opening with both level 1 and level 2 classes as it has done in the past, the apitherapy fundamentals have always been and will always be a part of our educational program. Later that afternoon both levels merged into one group immersing the group into the practical applications of apitherapy. Saturday morning Kristine Jacobson kicked off the practical hands on training sessions with a most dynamic and riveting presentation that clearly set the tone for the entire weekend. Her years of experience coupled with her exuberance and willingness to help others filled the room with enthusiasm. We could not have picked a better person to start the day with, thank you so much Kristine, you really stole the show.

The practical sessions that continued throughout the weekend included many demos where participants had a chance to participate hands on. Demos were done with wound healing ointment, oxymel preparations, propolis tincture preparation, making propolis suppositories, lip balm, and even preparation of shampoo, lotions, and balms made with bee products. A highlight of the practical sessions was micro stinging techniques presented by Joyce Roetter and a small group of participants that joined us from New Mexico. They brought new ideas and techniques to the group that were very well received. Participants were broken up into small groups where participants were able to experience hands on stinging in a comfortable and safe environment. Other forms of stinging were also demonstrated such as mini stings, full stings, and stings correlating to acupuncture points presented by Frederique Keller, L.Ac. Another highlight was a demo done on honey massage where participant Sharon Maslow, RN was massaged by another participant Mary White, LMT guided by Vetaley Stashenko, PhD, ND. It was very interesting to see the massage being done and the changes that appeared as a result of the honey being used. This turned out to be a fantastic addition to our program. The weekend simply could not end without a visit from Kona the Yorkshire Terrier for Frederique Keller, L.Ac. to demonstrate veterinary apitherapy. Kona was suffering from arthritis in one of his front paws causing him to limp and he received a bee sting in an effort to alleviate his pain. After checking up on Kona several weeks after the conference, he had not limped since receiving the bee sting!

I could continue on and on about every detail of this weekend but nothing I say could possibly encompass or represent just how amazing the weekend was. Those of you who were there know, and we can only hope that more of you will want to be a part of this in the future. As the conference was adjourning people were still huddled in groups practicing and learning, at that moment I thought, yes we did our jobs. The practical hands on approach really worked and most of the participants left feeling very comfortable handling the bees and understanding the big apitherapy picture. Everyone left the conference with a pair of tweezers, a bee box, and the knowledge and confidence to practice apitherapy in a safe and caring manner for themselves or for others.

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Throughout the weekend when classes were in progress there were many other things going on at the conference for people to enjoy. We had over a dozen different honeys on the honey tasting table and also a silent auction and a Chinese auction going on in a breakout room. Many of the items were generously donated to the auction and a special thank you goes out to Susan Cherbuliez (past Treasurer for the AAS) who donated many books to us. We also conducted a 50/50 raffle that grew to a very sizable amount where the AAS received half of the proceeds and the other half of the proceeds along with a beautiful apitherapy product basket went to the lucky winner. Congratulations to Wendy Fletcher, CMACC participant from Nebraska who won the 50/50 raffle! Everyone certainly had plenty of fun.

We had the great fortune of Chris Matsumoto offering us the patio this year at the Redondo Beach Hotel for us to use and serve lunch for all 3 days of the conference and also for our Friday evening welcome reception. Most of the conference participants attended the reception and we spent a fabulous evening together, mingling and getting to know everyone bathed in the light of a magnificent sunset over the pacific ocean.

So it seems as though the AAS may have taken a new direction, one of change and inspiration. On the last day of the conference Vetaley Stashenko, PhD, ND asked participants to spontaneously write a brief synopsis of their conference experience before leaving. Half of the participants decided to do so and the feedback we got was phenomenal. Those who took the time to express their individual heartfelt thoughts seem to have shared the same experience using words such as passion, enthusiastic, friendly, inspirational, knowledgable, informative, diverse, and the list goes on. After all of our hard work, it's motivating to know that we did our job inspiring, teaching and sparking their interest in Apitherapy. What a beautiful, harmonious and evolved group of people! We are proud to announce that we came away from this conference with four new board members to include Amelia Moody, LMT, Tina McDonald, RN, Renae Barton, and Joyce Roetter. A huge thank you to everyone, to all the speakers and participants who made this year's CMACC an amazing learning and sharing experience for all.
CMACC 2017 PHOTO GALLERY

The conference room all set up for the Practical hands-on weekend

AAS Board members Kathy Genova, RN and Michael Szakacs.

President of AAS Frederique Keller, L.Ac. and Vice President of AAS Chris Kleronomos, L.Ac. DAOM welcome the group to CMACC 2017 in Redondo Beach, CA

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Students gathered around during the practical hands on session

Mary White, LMT demonstrates honey massage on Sharon Maslow, RN. Ruben Castillo is feeling the heat coming to the surface of Sharon’s back.

Kathy Genova, RN demonstrates apitherapy wound care

Amelia Moody, LMT demonstrates how to make propolis salve while Kristine Jacobson puts it into jars to be given to students

Frederique Keller, L.Ac, demonstrates BVT on Basti Bogar as the group observes

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Joyce Roetter demonstrates micro stinging

Gillian Mickelson, RN (right) guides Joy McEwen through the micro stinging hands on protocol as Alvin Huie looks on

Lauren Kendall demonstrates micro stinging

Frederique Keller, L.Ac. demonstrates BVT

Amelia Moody, LMT and Renae Barton practice BVT

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Lunch on the patio

Wendy Fletcher, winner of the 50/50 raffle

Patrick Fratellone, MD (center) instructing students Vince Palladino, DC, Ron Sherman, MD and Basti Bogar (left to right)

Vetaley Stashenko, PhD, ND demonstrates BVT to Alvin Huie, a long time member of AAS

Students Sondra Goodwin, Patrick Bowen, and Russell Canfield, MD mingling during the practical sessions (left to right)

Kristine Jacobson, AAS Board Member demonstrates BVT during the hands-on sessions
Friday evening sunset reception on the patio
Introducing our Four New AAS Executive Board Members

Amelia Moody, LMT  I love to spend time with Nature and all of the elements that contribute to the sustaining cycles of Life. I thrive when I have my hands in the dirt. Cultivating, studying and creating remedies with bioregional botanical medicines is a continual life learning and deep passion. I have been living in the high desert of the Southwest for the last 21 years. For the last 12 years I have been cultivating a medicinal botanical urban garden in Santa Fe, NM. The onelovehoneybee urban backyard medicine garden was featured on the 2015 Sustainable garden and coop tour, an annual fundraiser for HomegrownNewMexico. My high desert urban garden consists of several raised garden beds of edible, medicinal, pollinator botanicals, fruit trees, cacti garden, roof water harvesting, chickens and backyard beehives. I have been tending to backyard beehives for the last 11 years and studying and self treating with apitherapy for the last 10 years. I create remedies using the medicinal beehive products along with cultivated and wildcrafted local plants. I have been a full time natural therapeutics specialist and holistic bodyworker for the last 18 years. Many modalities and trainings are included in my practice. A few are hot stone massage, polarity therapy, ortho bionomy, crania sacral, flower essences and vibrational remedies. I believe in empowering my clients and friends and community to connect with the plants growing around them in their ‘backyard medicine garden’ and to utilize food and medicinal plants to assist the innate wisdom of the body to heal disease and disconnection through connection.

Tina McDonald, RN  I have always been fascinated by bees. Whenever in the presence of a beekeeper, I would spend hours asking questions about all aspects of beekeeping and bee behavior. Having recently moved to a more rural area, I finally felt capable of pursuing my dream. I am now a second year beekeeper. I currently have 6 hives in 3 different locations: one traditional langstroth hive, 2 top bar hives, and 3 AZ Slovenian hives. Each type of hive is so different, I couldn’t choose just one! I love watching the bees, studying them and continuously learning from them. I have been a Registered Nurse for the last 15 years, with mostly hospital experience. I recently left the hospital setting seeking to achieve more balance in my life. After losing my 2 hives over the winter last year, I especially am hoping to be able to dedicate more time to watching my bees and helping them to prepare for the New England winters. As a nurse, I have a special interest in the medicinal properties of all the products (or gifts) from the hive. I attended the AAS CMACC conference last year, and the experience led me even further into the study of the health benefits of honey bees. I wrote about my experience for my local bee club newsletter, and I was so honored to have it also published in the AAS newsletter following the conference. I have served on several different nursing boards, both regionally and nationally.

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I am also a current board member of my local bee club. My experience includes maintaining a regional nursing website, sending blast emails, maintaining a facebook page and newsletter, uploading conference material for attendees, taking (amateur) photos for promotion and managing society email. It is my hope that I can contribute to the AAS Board and offer whatever support I am able to promote in the forward movement of this valuable work.

I have stepped away from some of my Nursing board work, in hopes of pursuing some of my other interests. I will be finishing my term with the Wound Ostomy Continence Nurses Society’s Certification Board this fall, freeing my time up to dedicate to Apitherapy. I am currently working on a bee bus project with friends (The “Bee Api Bus”) which involves a full size bus that we have all manner of apitherapy plans for. I am a member of our local underground “sting club” of local beekeepers who meet regularly for bee venom therapy and to share knowledge and mutual support. Most recently we are working on a technique of stinging that preserves the bee’s stinger, minimizing the impact on the bee. We are currently marking the bees to determine the life expectancy following the sting. I have presented to regional bee clubs and the local community college on the basic overview of apitherapy and bee venom therapy. As a very enthusiastic amateur I hope to at least instill interest and hope in a subject that I consider to be under represented in our culture, as well as vastly broad and great in possibility.

Joyce Roetter, Certified HoShin Practitioner (Ryoho) I Reiki Practitioner

Joyce Roetter is originally from Connecticut, where she grew up on the Long Island sound. Joyce first became interested in alternative healing as her career in photography led her to photograph sacred sites and ceremonies in Peru, Guatemala, and Belize. In 2001 Joyce studied with Dr. Jorge Gonzales Ramirez in Tarapoto, Peru at the Escuela de Shamanism Amazonica. She studied ancient healing plant ceremonies with Dr. Gonzales, as well as at Sacha Mama Botanical Gardens, in Iquitos, Peru. In 2003 she moved to Sydney Australia for a one-year residency and traveled to aboriginal sacred sites. Joyce studied laboratory alchemy with the Al-kemi school in Oregon, as well as essential oils, homeopathics, Reiki and other modalities of integrative healing methods. Motivated by severe disabling late stage neurological Lyme/encephalitis, Joyce was first introduced to Apitherapy in 2005. Having been disabled for many years and after seven years of extensive drug and antibiotic use, and over a decade of numerous therapies, she focused on Apitherapy and apprenticed Joyce Durling-Jones for two and ½ years. Here she learned Hoshindo and was certified by the Hoshindo Society of the Americas. Since studying Apitherapy and becoming a beekeeper in 2006, Joyce traveled to China’s Fujian Apitherapy Institute and a Red Cross Apitherapy Clinic in Beijing. In Brazil Joyce gave lectures on Japanese Meridian Apitherapy at the Federal University of Amazonias, the Bee Young Essential Oil and Phyto-Medicine Conference in Manaus, Brazil, and also the Amazonas Chiropractic Center. In Alta Floresta Brazil, she visited the stingless bee agricultural project, and worked in Maui at the Haiku Aina Permaculture Institute. Joyce has been an Apitherapy practitioner since 2010 and works at Dr. Russ Canfield’s integrative medicine clinic in Santa Fe, NM, 360 Medicine, with her Apitherapy colleague Gillian Michelson. She has been a member of the AAS since 2014 and has attended several CMACC events.

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Renae Barton  I am an Artist, Compassionate Apitherapy Practitioner, AŽ Beekeeper, and Slovenian Beekeeping Tours Photographer. I am honored and grateful to be asked to serve on the board of The American Apitherapy Society alongside so many dedicated, wise, experienced and caring people who strive to educate and share with others the many gifts of the Honeybee. Today, the healing power of bees is needed more than ever before and can actually help to restore the world we love. The bees are amazing teachers to humankind if we will just open our eyes to the force of unity revealed through communication, cooperation, creativity and compassion. I am working with Bees in several different ways; First, I am their steward and continually strive to facilitate and share beecentric management practices. I travel regularly to Europe for this purpose. The bees have made it clear that compassion is a gateway to much higher levels of healing; compassion for them is compassion for ourselves, and it is also an antidote to much of the suffering and destruction we are committing to Earth’s biosphere. Highlights of my deep involvement with bees are as follows:

**Compassionate apitherapy/BVT without harm:** The ability to deliver live venom (direct bee stings) without harming the bee. This new heart centered paradigm has many possible advantages including increased healing and the ability to return your “stung” bees back to their hives to complete their lives.

**Owner/Founder/Bee House Art:** Pollinating compassionate resonance through art, healing, education and action. The Bee House hosts workshops and events advocating Compassionate Apitherapy, Shamanic Healing, Ecocentrism, Beecentric Beekeeping and Slovenian AŽ hive management.

**Owner/Founder/Bee-Api-Bus:** A place to experience Compassionate Apitherapy/BVT with Slovenian AŽ hives. This is a full-sized school bus that has been converted to house honeybees in AŽ hives in an apitherapeutic environment.

**Beekeeping Tours to Slovenia/ Slovenian Beekeeping Tours and Hives:** Twice a year we take small eco-tours to Slovenia to learn directly from the beekeepers in the land of the Carniolan Bee.

**Shamanic Practitioner Training/Sacred Trust, UK, Path of Pollen/Sacred Trust, UK.**

**Corresponding Secretary/Massachusetts Beekeepers Association:** Editor of quarterly newsletter “The Massachusetts Bee”
New Members

**California**
Jessica Lee Collins
Patricia Geensburg
Gavino Villa
Estefana Villa
Michelle Shiflet
Talia Hinman
Biubiuia Kempirbaeva
Paula Toledo
Loreli Munoz
Patrick Bowen
Waseem Ahmed

**Colorado**
Claire DeLeo
Carmen Weiland

**Connecticut**
Beth Houghtaling

**Florida**
Scott Wade

**Iowa**
Merima Miskich

**Indiana**
Todd Mazzier

**Kansas**
Candy Vinduska
Mindy Tilson

**Louisiana**
Tanya Huynh

**Maryland**
Anna Wysocki

**Massachusetts**
Anais Bermudes

**Missouri**
Charles Rosenthal

**New Mexico**
Russell Canfield, MD
Vince Palliadino, DC

**New Hampshire**
Mark DeBowsi
Dennis Manning

**North Carolina**
Jody Moore

**Ohio**
Chris Coppes

**Tennessee**
Shannon Brown

**Texas**
Amber Miller
Fernanda Kannady
Kizziah Burton

**Canada**
Pamela Bennett

**New Zealand**
Louise Bailey

**Philippines**
Melo Jean Quijano

**Saudi Arabia**
Ahmed Al Gethami
Faiz Al Gethami
Talhah Alqurashi

**Donors**
Hossein Yeganehrad

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**Network List**
Share your experiences with Apitherapy with other AAS members, Join the Network List!
Click on the Members Only tab on the website, choose My Profile and opt in, or email the AAS office at aasoffice@apitherapy.org and we will do it for you.

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**AAS Newsletter**
Sign up for our monthly newsletter at www.apitherapy.org
Spread the word, ask your friends to sign up for the newsletter, it’s free!
There is a link at the bottom of our home page on the website, just enter your email address.